cantabria labs

HELIOCARE 360°

Nothing protects skin like Heliocare 360°

The science-led sun protection range that protects beyond sunscreen with patented Fernblock+® antioxidant technology.

Contains Fernblock+® Technology





Protects against UVA, UVB, Visible Light, Infrared-A and Free-Radicals

Nothing protects skin like Heliocare 360°

Recommended by skin professionals and dermatologists, **Heliocare 360°** is a **science-led, daily sun protection range** of **topical formulations and skin supplements** that **protects *beyond sunscreen***, with **exclusive Fernblock® antioxidant technology.**



High-level, broad-spectrum protection
against UVB (SPF50+) and UVA (PA++++)

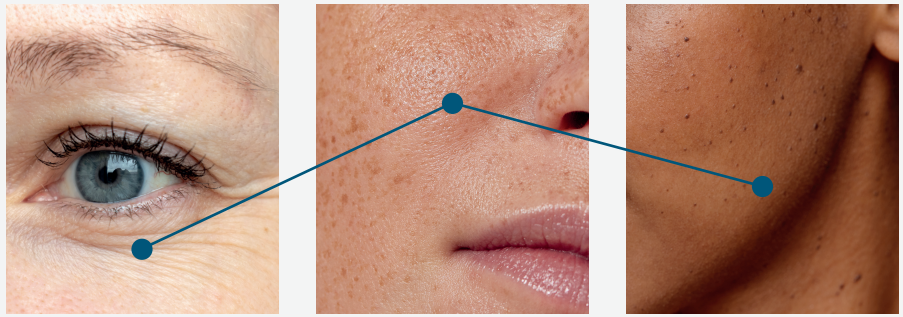
Visible light, infrared-A and free-radical defence
with patented Fernblock® antioxidant technology

Holistic skin protection, on the outside and from within
with topical formulations and oral supplements

A product for everyone, for everyday
with unique formulas tailored for various skin types, concerns, and finish preferences

Why daily, full-spectrum protection?

... because UVA, visible light, and infrared-A are present all year round



UV exposure is responsible for **80% of visible skin ageing signs**[1]

Visible light induces **dark spots** and **pigmentation**[2,3]

Infrared-A contributes towards **premature skin ageing**[4]

1. Flament F et al. Clin Cosmet Investig Dermatol. 2013 Sep 27;6:221-32 2. Mahmoud BH et al. J Invest Dermatol. 2010 Aug;130(8):2092-7
3. Kohli I et al. Br J Dermatol. 2018 May;178(5):1173-1180 4. Cho S et al. J Invest Dermatol. 2009 Aug;14(1):15-19

Beyond Sunscreen: Fernblock® Technology

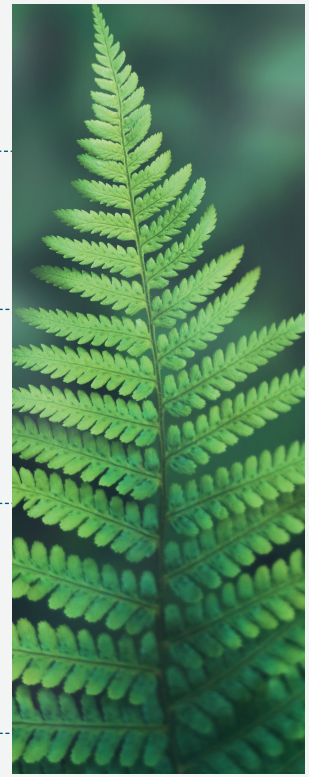
Fernblock® is Heliocare's exclusive ingredient that **takes skin protection beyond sunscreen** to help **boost the skin's daily defences** against **free-radical damage caused by daylight as well as helping to repair damage to skin cell DNA.**

Supercharged antioxidant
a unique natural blend of polyphenols with powerful antioxidant activity.

Derivitive of Polypodium Leucotomos (PLE)
a tropical fern which grows in Central and South America.

Evolved to defend against the sun
Originally an aquatic plant, PLE evolved to thrive on land developing natural antioxidant defences against solar radiation and enviromental free radicals.

Anti-inflammatory properties
PLE was well-known by native populations for its anti-inflammatory activity in the treatment of dermatological conditions such as psoriasis and atopic dermatitis.



Fernblock® is the result of years of scientific research and its multiple benefits to skin health have been demonstrated in over 80 scientific publications:

- Protects skin against damage caused by UVA, UVB, Visible Light and Infrared-A[1,2,3]
- Neutralises free radicals[1,3]
- Protects and repairs skin cell DNA[4]
- Prevents light-induced pigmentation[5]
- Protects the skin's immune system[5]
- Prevents collagen breakdown[2]
- Improves the efficacy of SPF filters by up to 14%[6]

Synergistic topical formulations and oral supplements, for maximum daylight defence

The use of Fernblock® as an oral supplement has been extensively studied by scientists and dermatologists demonstrating its antioxidant properties and its many benefits to skin health.

Fernblock® has also demonstrated clinical efficacy in topical formulations and is used in every Heliocare 360° sunscreen, so you can give your skin the very best daily defence on the outside and from within[7,8].



1. González S, Pathak MA. Photodermatol Photoimmunol Photomed.1996,12(2):45-56 996 Apr;12(2):45-56 2. Alonso-Lebrero JL, Brieva A, Domínguez-Jiménez C, Pivel JP, Tejedor R. J Photochem Photobiol B. 2003 Apr;70(1):31-7 3. González S, Juarranz A, Zamarrón A, Lorrio S,. Int. J. Mol. Sci. 2018. Aug1;19(8):2250 4. Amini S, Huo R, Perez O, Ruiz P, Viera MH, Villa A. et al. J Am Acad Dermatol. 2010 Mar;62(3):511-3

5. Maritza A, Middelkamp-Hup , Pathak MA, Parrado C, Goukassian D, Rius-Díaz F, Mihm MC, et.al. J. Am Acad Derm, 2004. 51(6):910-8 6. Salvador González et al. Front Med (Lausanne). 2021 Jun 2;8:684665 7. Salvador González et al. Photodermatol Photoimmunol Photomed. 2023 July; 39(4):384-391

A Heliocare 360° for everyone, for everyday

Dermatologically tested and non-comedogenic, our daily sunscreen range has been **specifically formulated for everyday use**. With **products suitable for all skin types**, with various coverage levels and finishes, as well as **unique formulations designed to help prevent and reduce the signs and symptoms of key skin concerns**, there's **a product for everyone, for every day.**

High-level, broad-spectrum protection
UVB SPF50+ & UVA PA++++

DNA repair activity
Fernblock+® and DNA repair enzymes help repair damage to skin cell DNA

HEVL, IR-A & free-radical defence
Fernblock® antioxidant technology, Vitamins C, E and Green Tea Extract

Unique formulations, active ingredients
Strategically combined active ingredients, for specific skin types and skin concerns

✓ **Dermatologically Tested**

✓ **Non-comedogenic**

Daily sunscreens for specific skin types

The Heliocare 360° range provides advanced daily sunscreens with unique formulations to suit your skin's daily needs, whatever your skin type.

Heliocare 360° Oil-Free Gel

For oily, spot-prone, or combination skin types

Our best-selling daily sunscreen with an oil-free, non-comedogenic gel formulation that absorbs quickly into the skin with a dry touch, matte finish. Its unique formula contains mattifying and sebum-regulating properties making the Oil-Free Gel the perfect Heliocare 360° daily sunscreen for those with oily, spot-prone, or combination skin.



Heliocare 360° Water Gel

For dry, dehydrated, or normal skin types

A light water gel texture that absorbs quickly into the skin with an invisible finish making it suitable for all skin tones. Its unique formula features a continuous-release hydration system and a moisturising booster complex for instant and long-lasting hydration, whilst also providing skin with a protective barrier against pollution.



Heliocare 360° Mineral Tolerance Fluid

For all skin types

Contains mineral-only filters

A light, breathable fluid with mineral-only filters and a clear satin finish. Hypoallergenic and tested on sensitive skin, the Mineral Tolerance Fluid is suitable for the most sensitive of skin types. It is also a popular choice for use post aesthetic treatments and procedures.



Daily sunscreens for key skin concerns

The Heliocare 360° range also provides advanced daily sunscreens with active ingredients to help prevent and reduce the signs of various skin concerns and clinical indications.

Heliocare 360° Pigment Solution Fluid

For skin with light-induced pigmentation

A light, silky fluid with an innovative depigmenting system, containing Niacinamide and Ellagic Acid, to help lift and prevent light-induced pigmentation. It contains a subtle tint to help blur patches of pigmentation, recommended for Fitzpatrick skin types I-IV.



Subtle tint, satin finish

Heliocare 360° A-R Emulsion

For sensitive skin prone to redness

A light, silky fluid with an innovative anti-redness system with Physavie, Rosabora and Glutathione to help restore the skin's barrier, reduce redness, and soothe the skin. It contains a subtle pigment to help blur redness, recommended for Fitzpatrick skin types I-IV.

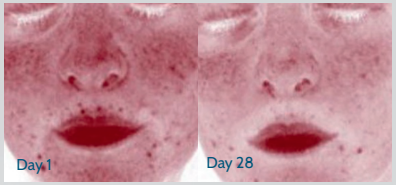


Subtle tint, satin finish

100%
of users saw a reduction in pigmentation[1].



94%
of users said that the product helped to reduce the skin's redness[2].





1. Clinical study conducted on 22 women between the ages of 25-55 years of age with sun-induced pigmentation. The subjective efficacy of the product were evaluated after 90 days use. Photos courtesy of Cantabria Labs, Spain.

2. Clinical study conducted on 21 adult women between the ages of 18-65. 50% with sensitive skin and 50% with rosacea. The subjective efficacy of the product were evaluated after 28 days use. Visia images courtesy of Cantabria Labs, Spain.

Daily sunscreens for key skin concerns

The Heliocare 360° range also provides advanced daily sunscreens with active ingredients to help prevent and reduce the signs of various skin concerns and clinical indications.

Patients undergoing treatment for actinic keratosis have reported better results when using AK Fluid[1].

Heliocare 360° Age Active Fluid

For photoaged skin with fine lines and wrinkles

A light, silky fluid with an innovative hydrating formula and soft-focus complex which helps plump the skin and reduce the appearance of fine lines and wrinkles. It contains a subtle pigment to help even skin tone, recommended for Fitzpatrick skin types I-IV.

Subtle tint, satin finish



Heliocare 360° AK Fluid

For skin with actinic keratosis or other forms of non-melanoma skin cancer

A light fluid suited to the most sensitive skin with a unique formula that contains a an innovative DNA repair complex which promotes the repair of skin cell DNA damage caused by the sun and daylight. AK Fluid also helps to normalise the skin's barrier function, improving skin comfort, and the skin's natural defences against environmental stressors.

Clear satin finish



Heliocare 360° Oil-Free Gel Color

For oily, spot-prone, or combination skin types

The Oil-Free Gel Color's unique oil-free, non-comedogenic formula gives a smooth, matte finish with additional sebum-regulating properties.

Foundation coverage, matte finish



Heliocare 360° Water Gel Color

For dry, dehydrated, or normal skin types

NEW

The Water Gel Color's unique formula features the same innovative continuous-release hydration system and moisturising booster complex as the original Water Gel formulation for foundation coverage and instant and long-lasting hydration.

Foundation coverage, satin finish



Foundation coverage for specific skin types

The Heliocare 360° Color range provides natural-looking foundation coverage and advanced, daylight protection in one for a more even, healthy, and glowing complexion.

1. 12-month clinical trial conducted to test the efficacy of Heliocare 360° AK Fluid in improving the efficacy and maintenance of Actinic Keratosis symptoms post one Photodynamic Therapy (PDT) session. Group using Heliocare 360° AK Fluid did not show a significant increase in lesions at 12-month review while the test group did. Patients reported greater efficacy of maintenance treatment with Heliocare 360° AK Fluid.

Holistic skin protection on the outside, and from within

Our **skin health supplements** are designed to provide **powerful free radical defence from within**. Containing **high levels of Fernblock®** and **additional skin-boosting ingredients**, the Heliocare 360° supplement range helps to **boost your skin's daily defences against free radical damage caused by daylight** (UVA, UVB, Visible Light, Infrared-A) and other environmental free-radicals.

Heliocare 360° Capsules are **ideal for use as a skin health supplement alongside your Heliocare 360° daily sunscreen** to help **boost your skin's protection and health.**

- Boosts protection against daylight when used in combination with topical sunscreen filters[1,2]
- Helps to repair damage to skin cell DNA[3]
- Helps prevent premature skin ageing[4]
- Helps prevent and reduce Polymorphic Light Eruption in sun sensitive skin[5]



Gluten Free Halal Friendly

Skin supplements for enhanced daylight protection from within

Heliocare 360° Capsules

The Heliocare 360° Capsules are ideal for everyday use for all skin types, including sensitive skin, to help boost skin health, prevent premature skin ageing and reduce Polymorphic Light Eruption in sun sensitive skin.

240mg Fernblock®+
4.5mg Niacinamide
2mg Vitamin E
20mg Vitamin C
Prebiotics: Fibruline and Biocolians



Heliocare 360° D Plus Capsules

NEW

The D-Plus Capsules are ideal for everyday use for those with specific skin indications such as Actinic Keratosis and Melasma, or those undergoing a course of aesthetics procedures, due to their high antioxidant levels.

They can also be used during long or intense periods of sun exposure for all skin types, including sun sensitive skin, for a more intense antioxidant boost.

360mg Fernblock®+
16mg Niacinamide
12mg Vitamin E
5mg Vitamin D



*Heliocare 360° supplements should not be used as a replacement for topical sunscreens and should always be used in conjunction to boost daily skin protection.

1. Goh CL et al. Clin Aesthet Dermatol. 2018;11(3):14–19. 2. González S et al. 2023 Mar 9. doi: 10.1111/phpp.1287 3. Amini S et al. J Am Acad Dermatol. 2010 Mar;62(3):511-3 4. Zamarron A, Lorrio S, Gonzalez S, Juarranz A Int J Mol Sci. 2018 5. González S et al. J Am Acad Dermatol . 2012;66(1):58-62.

Advanced sun protection for the body

...and for the kids!

The Heliocare 360° Pediatrics range is specifically formulated for the delicate skin of babies and children from 6 months old, with high-level, full-spectrum protection (UVA, UVB, Visible Light and Infrared-A), and additional active ingredients to enhance and protect their sensitive skin barrier.

Heliocare 360° Invisible Spray

A light spray formula for use on the body, with an invisible, non-greasy finish that's suitable for all skin types including sensitive skin. The 200ml aerosol spray bottle allows application from any angle and its unique formula is water-resistant, sand-resistant and effective on wet skin.



Heliocare 360° Pediatrics Mineral

For the face and body

A light, hydrating fluid that protects against the sun using mineral only filters, whilst strengthening and reinforcing the skin's barrier with Niacinamide. Its hypoallergenic formula can be applied on both the face and body and is tested on sensitive skin and for use around sensitive eyes.



Heliocare 360° Pediatrics Atopic Lotion Spray

For the body

A light, hydrating fluid lotion that's simple to apply with an easy-to-use trigger spray. Its unique formula has been tested on sensitive and atopic skin, and contains Arginine and Glycerine to help hydrate and maintain a healthy skin barrier function.





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HELIOCARE 360°

Speak to your skin expert to find the perfect products for you and make Heliocare 360° part of your everyday today.

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