

YOUR SCULPTRA® JOURNEY

POST-PROCEDURE INFORMATION



A GUIDE TO GETTING SKIN THAT FEELS LIKE YOU AGAIN

SCULPTRA® by GALDERMA

THIS LEAFLET IS INTENDED FOR PATIENTS UNDERGOING TREATMENT WITH SCULPTRA

SCULPTRA®
by GALDERMA

You have just had your **first Sculptra treatment and started your journey** towards restoring the collagen you have lost as a natural part of aging

TRACEY



Before | 6 months after treatment | 1 year after treatment

Actual patient, treated over 3 sessions, 1 vial per session; 4 weeks and 6 weeks between sessions. Individual results may vary.



BY STIMULATING COLLAGEN, SCULPTRA CAN HELP RESTORE YOUR SKIN'S FIRMNESS AND RADIANCE

Results you can feel over time



Before



3 months



6 months



9 months



12 months

Alie was treated with 1.5 vials of Sculptra over two sessions 65 days apart:
Session 1: 1 vial of Sculptra. Session 2: 0.5 vial of Sculptra.

Images for illustrative purposes only. Individual results may vary.

GETTING THE BEST RESULTS FROM SCULPTRA

Aftercare Tips

MASSAGE

Massaging your skin is crucial to ensure an even distribution of Sculptra particles

The rule of 5: 5 minutes vigorous massage on the treatment area, 5 times daily for 5 days

UV EXPOSURE

Avoid the sun, extreme temperature, UV lamps or tanning beds/booths for the first 24 hours. Apply sunscreen according to your aesthetic practitioner's instructions

EXERCISE

Avoid hard (strenuous) exercise for the first 24 hours

MEDICATION

Do not take any medication without first consulting your aesthetic practitioner

COSMETICS

May be applied a few hours after treatment, unless your aesthetic practitioner states otherwise



About your Sculptra treatment

Over the coming weeks and months, the product will begin to revitalise collagen production, improving the skin's inner structure, creating a youthful-looking appearance.

Treatment procedure

We all know that patience is a virtue. When it comes to your Sculptra treatment, results are gradual: this means that changes are subtle and usually aren't apparent immediately after the first treatment.

The amount of Sculptra and the number of injection sessions you may need is dependent on the severity of the area being treated. Please speak to your aesthetic practitioner.

Side effects

Your aesthetic practitioner has informed you of the potential risks and side effects. If you experience any side effects, please contact your aesthetic practitioner.

The anticipated injection related reactions include transient bleeding from the needle stick, pain, localised redness, bruising, haematoma, or oedema, which generally resolve within 2 – 6 days.

If you need any further advice or have any questions regarding your treatment, please speak to your aesthetic practitioner directly.



Scan the QR code to watch a video reminder of the recommended aftercare following Sculptra treatment.

Cetaphil

1. Cleanse, then apply a moisturiser, e.g. Cetaphil® Moisturising Cream.
2. Always massage outwards. Start from the middle of the face and massage outwards.
3. 3 – 5 repetitions per position (follow the arrows) for 5 minutes, 5 times a day for 5 days.
4. Do not massage back and forth, always start from the middle of the face massaging outwards with light pressure.



UPCOMING SESSIONS

DATE	TIME	PROCEDURE

Each individual is unique and the treatment will be tailored to your needs. Most people will need more than one Sculptra treatment and the results are not immediate.

Sculptra delivers progressive improvement over time that lasts up to 2 years.



ABBREVIATIONS

UV, ultraviolet

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